

CAFÉ ROUGE ALLERGY MENU

APRIL 2021

Version: 13 Issued 13-09-2021

Please inform your server before ordering, of any specific dietary requirements that you may have. All our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

IMPORTANT ALLERGEN INFORMATION UPDATE – September 2021

Due to the current nationwide challenges with food supply and distribution across the hospitality industry, we are currently using various different suppliers or locally sourced products for our dishes.

As some of these ingredients may contain allergens, we are currently working to update our allergen menu to reflect all the ongoing changes in ingredients, but whilst this data is in review it is currently not possible for us to guarantee that any product is 100% free from any allergen.

Until we can be certain that all of our allergens are listed correctly, we would urge you to consider carefully before ordering and let the Manager know if you have any allergy and what this is, so they can assist with any ingredient queries.

We really are so sorry for any inconvenience or disappointment that this may cause; the handling of allergens is of the utmost importance to us as is the safety of all of our guests.

IMPORTANT!

WELCOME TO THE CAFÉ ROUGE ALLERGY MENU! AS WE REOPEN, WE HAVE HAD TO MAKE ADJUSTMENTS TO THE MENUS AT SOME OF OUR SITES.
 IF YOU ARE VISITING OUR PORTSMOUTH, BOURNEMOUTH, WELLINGTON STREET, ST PAUL'S OR GREENWICH RESTAURANTS, PLEASE CONSULT THE **RED MENU**,
 IF YOU ARE VISITING ANY OF OUR OTHER RESTAURANTS, PLEASE CONSULT THE **BLUE MENU** FURTHER ON.
 IF IN DOUBT - PLEASE ASK A MEMBER OF STAFF TO CONFIRM.
 BON APPETIT!

BREAKFAST MENU														
BREAKFAST	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
THE ROUGE BREAKFAST NO EGG	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	yes	may	may
ROUGE VEGETARIAN NO EGG	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF ROUGE VEGETARIAN NO EGG	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
ROUGE VEGAN BREAKFAST	yes - Wheat, Rye, Barley	may	may	may	may	may	may	may	may	may	may	may	may	may
GRANDE BREAKFAST NO EGG	yes - Wheat, Rye, Barley, Oats	may	may	no	may	may	yes	may	may	may	may	yes	may	may
FRIED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
FRIED EGGS X3	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
POACHED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
POACHED EGGS X3	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
SCRAM EGG X2	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
SCRAMBLED EGGS X3	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
PANCAKE NO TOPPING	yes - Wheat	no	may	no	no	no	may	no	no	no	no	no	no	no
PANCAKE BACON TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
PANCAKE FRUIT TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
SMASHED AVOCADO NO TOPPING	yes - Wheat, Rye, Barley	may	may	may	may	may	may	may	may	may	may	may	may	may
GF SMASHED AVOCADO NO TOPPING	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
EGGS YW NO SIDE	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF EGGS YW NO SIDE	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
EGGS BENEDICT NO TOPPING	yes - Wheat, Rye, Barley	no	yes	no	no	yes	yes	no	no	no	may	yes	no	no
BRUNCH	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
TRUFFLE STEAK AND EGG	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
OMELETTE NO SIDE	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
CROQUE MADAME NO SIDE	yes - Wheat, Rye, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
CROQUE MONSIEUR NO SIDE	yes - Wheat, Rye, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may

EXTRAS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
FRIED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
FRIED EGGS X3	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
POACHED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
POACHED EGGS X3	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
SCRAM EGG X2	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
SCRAMBLED EGGS X3	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
BFAST BACON	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST BEANS	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST BLACK PUDDING	yes - Wheat, Oats	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST HAM	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST HASH BROWN	yes - deep fat fryer	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST HEIRLOOM TOM	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST SAUSAGE	yes - Wheat	no	no	no	no	no	no	no	no	no	no	yes	no	no
BFAST SMASHED AVOCADO	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BFAST SMOKED SALMON	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
BFAST SPINACH	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
BFAST TOAST	yes - Wheat, Barley, Rye	may	may	may	may	may	yes	may	may	may	may	may	may	may
BFAST TOAST GF	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
KIDS BREAKFAST	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
KIDS BREAKFAST NO EGG	yes - Wheat, Barley, Rye	may	may	may	may	may	yes	may	may	may	may	yes	may	may
KIDS VEGGIE BREAKFAST NO EGG	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
KIDS GF VEGGIE BREAKFAST NO EGG	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
FRIED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
POACHED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
SCRAM EGG X2	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
KIDS BFAST ROLL BACON	no	no	no	no	no	no	no	no	no	no	no	no	no	no
KIDS BFAST ROLL NO FILLING	yes - Wheat	no	no	no	no	no	yes	no	no	no	may	no	no	no
KIDS BFAST ROLL SAUSAGE	yes - Wheat	no	no	no	no	no	no	no	no	no	no	yes	no	no
KIDS GF BFAST ROLL	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
KIDS FRUIT PANCAKE	yes - Wheat	no	may	no	no	no	may	no	no	no	no	no	no	no

A LA CARTE MENU														
STARTERS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
OLIVES	no	no	no	no	no	no	no	no	no	no	no	no	no	no
GARLIC BAGUETTE	yes - Wheat	no	no	no	may	may	yes	may	no	no	may	no	no	no
GARLIC BAGUETTE WITH CHEESE	yes - Wheat	no	no	no	may	may	yes	may	no	no	may	no	no	no
GF BREAD	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
KING PRAWNS	yes - Wheat	yes	no	no	may	may	yes	may	no	no	may	no	no	no
GF KING PRAWNS	no	yes	yes	no	no	no	yes	no	no	no	no	no	no	no
FRENCH ONION SOUP	yes - Wheat	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF FRENCH ONION SOUP	may	no	yes	no	no	may	yes	no	may	may	no	may	no	no
CALAMARI	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	no	no	no	yes
GARLIC MUSHROOMS	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF GARLIC MUSHROOMS	no	no	yes	no	may	no	yes	may	no	no	may	no	no	no
RACLETTE	no	no	no	no	no	no	yes	no	no	no	no	yes	no	no
PATE	yes - Wheat	no	yes	no	may	may	yes	may	no	no	may	yes	no	no
GF PATE	no	no	yes	no	no	no	yes	no	no	no	no	yes	no	no
BUFFALO MOZZARELLA	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
SOMETHING LIGHTER	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
FRESH FRUIT SALAD	no	no	no	no	no	no	no	no	no	no	no	no	no	no
ALMOND CROISSANT	yes - Wheat	no	yes	no	no	no	yes	yes - Almonds	no	no	may	no	no	no
CROISSANT	yes - Wheat	no	yes	no	no	may	yes	no	no	no	no	no	no	no
PAIN AU CHOCOLAT	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	no	no	no
PAIN AU RAISIN	yes - Wheat	no	yes	no	no	may	yes	may	no	no	may	no	no	no
VEGAN CROISSANT	yes - Wheat, Spelt	no	may	no	no	may	may	may	no	no	may	no	no	no

SIDES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SIDE SALAD	no	no	no	no	no	no	no	no	no	yes	no	yes	no	no
FRITES	no	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
BAGUETTE	yes - Wheat	no	no	no	may	may	yes	may	no	no	may	no	no	no
CHEESY ALIGOT MASHED POTATO	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
MACARONI CHEESE	yes - Wheat	no	may	no	no	no	yes	no	no	yes	no	no	no	no
HASSELBACK POTATOES	no	no	no	no	no	no	no	no	no	no	no	no	no	no
SWEET POTATO FRITES	no	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
TENDERSTEM BROCCOLI	no	no	no	no	no	no	no	no	no	no	no	no	no	no
DESSERTS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CHOC FONDANT	yes - Wheat	no	yes	no	may	yes	yes	yes - Pistacchio	no	no	no	no	no	no
CREME BRULEE	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
1 SCOOP DOUBLE CHOC £1	no	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
1 SCOOP LEMON SORBET £1	no	no	no	no	may	no	no	may	no	no	no	no	no	no
1 SCOOP MANGO SORBET £1	no	no	no	no	may	no	no	may	no	no	no	no	no	no
1 SCOOP SALTED CARAMEL £1	no	no	no	no	may	no	yes	may	no	no	no	no	no	no
1 SCOOP STRAWBERRY £1	no	no	yes	no	may	no	yes	may	no	no	no	no	no	no
1 SCOOP VANILLA £1	no	no	yes	no	may	no	yes	may	no	no	no	no	no	no
1 SCOOP VEGAN ICE CREAM £1	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
CHOCOLATE SHIMMER TART	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	may	no	no
CREME BRULEE TART	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	may	no	no
ECLAIR FRAMBOISE	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	may	no	no
JAFFA ORANGE DELICE	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	may	no	no
TARTE AU CITRON	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	may	no	no
AFTERNOON TEAS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Afternoon Tea	yes - Wheat	no	yes	no	no	no	yes	yes - pistacchio	no	yes	may	yes	no	no
Vegetarian Afternoon Tea	yes - Wheat	no	yes	no	no	no	yes	yes - pistacchio	no	yes	may	no	no	no

KIDS MENU														
GRANDE MENU	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
BIG KID CRUDITE	yes - Wheat	no	no	no	may	may	may	may	no	no	may	no	no	no
BIG KID GARLIC BREAD	yes - Wheat	no	yes	no	may	may	yes	may	no	no	may	no	no	no
BIG KID BURGER	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	may	no	no	no
BIG KID CHICK CRUNCHIE	yes - Wheat	no	yes	no	no	no	yes	no	yes	yes	no	no	no	no
BIG KID CHICKEN CAESAR SALAD	yes - Wheat, Rye, Barley	may	yes	may	may	may	yes	may	may	may	may	may	may	may
BIG KID FISH GOUJONS	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
BIG KID GF CHICKEN CAESAR SALAD	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
BIG KID MAC & CHEESE	yes - Wheat, Barley	no	may	no	may	no	yes	may	no	yes	may	no	no	no
BIG KID MAC & TOMATO	yes - Wheat	no	may	no	no	no	no	no	no	no	no	no	no	no
PETIT MENU	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SML KID CRUDITE	yes - Wheat	no	no	no	may	may	may	may	no	no	may	no	no	no
SML GF KID CRUDITE	no	no	no	no	no	no	no	no	no	no	no	no	no	no
SML KID CHICK CRUNCHIE	yes - Wheat	no	yes	no	no	no	yes	no	yes	yes	no	no	no	no
SML KID FISH GOUJONS	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
SML KID MAC & CHEESE	yes - Wheat, Barley	no	may	no	may	may	yes	may	no	yes	may	no	no	no
SML KID MAC & TOMATO	yes - Wheat	no	may	no	no	no	no	no	no	no	no	no	no	no
SML KID SAUSAGES AND MASH	yes - Wheat	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
DESSERTS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
KIDS I/C CHOCOLATE	no	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
KIDS I/C STRAWBERRY	no	no	yes	no	may	no	yes	may	no	no	no	no	no	no
KIDS I/C VANILLA	no	no	yes	no	may	no	yes	may	no	no	no	no	no	no
KIDS CHILLY BILLY	no	no	no	no	no	no	no	no	no	no	no	no	no	no
KIDS CHOC BROWNIE ICE CREAM	no	no	yes	no	no	yes	yes	may	no	no	no	no	no	no

CAFÉ ROUGE ALLERGY MENU
APRIL 2021

Version: 7 Issued 16-07-2021

Please inform your server before ordering, of any specific dietary requirements that you may have. All our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

BREAKFAST MENU

	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
BREAKFAST														
ROUGE BREAKFAST (NO EGG)	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	yes	may	may
ROUGE VEGETARIAN (NO EGG)	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF ROUGE VEGETARIAN (NO EGG)	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
ROUGE VEGAN BREAKFAST	yes - Wheat, Rye, Barley	may	may	may	may	may	may	may	may	may	may	may	may	may
GRANDE BREAKFAST (NO EGG)	yes - Wheat, Rye, Barley, Oats	may	may	may	may	may	yes	may	may	may	may	yes	may	may
FRIED EGGS	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
POACHED EGGS	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
SCRAMBLED EGGS	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
PANCAKE (NO TOPPING) with...	yes - Wheat	no	may	no	no	no	may	no	no	no	no	no	no	no
...PANCAKE BACON TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
...PANCAKE FRUIT TOPPING	no	no	no	no	no	no	no	no	no	no	no	no	no	no
OMELETTE NO SIDE ...	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
...SWEET POTATO FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...POMMES FRITES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...SWEET POTATO FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...HOUSE SALAD	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
FRITTERS BACON & EGGS	yes - Wheat	no	yes	no	no	no	no	may	no	no	no	no	no	no
SMASHED AVOCADO (NO TOPPING)	yes - Wheat, Rye, Barley	may	may	may	may	may	may	may	may	may	may	may	may	may
GF SMASHED AVOCADO (NO TOPPING)	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
EGGS YOUR WAY (NO SIDE)	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF EGGS YOUR WAY (NO SIDE)	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
EGGS BENEDICT (NO TOPPING)	yes - Wheat	no	yes	no	no	yes	yes	no	no	no	may	yes	no	no
SPINACH BENEDICT	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
BRUNCH														
TRUFFLE STEAK AND EGG...	no	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... with FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
TRUFFLE STEAK AND EGG with SALAD	no	no	yes	no	no	no	no	no	no	yes	no	no	no	no
CROQUE MADAME (NO SIDE)	yes - Wheat, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
CROQUE MADEMOISELLE (NO SIDE)	yes - Wheat, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
CROQUE MONSIEUR (NO SIDE)	yes - Wheat, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
EXTRAS														
BACON	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BEANS	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BLACK PUDDING	yes - Wheat, Oats	no	no	no	no	no	no	no	no	no	no	no	no	no
HAM	no	no	no	no	no	no	no	no	no	no	no	no	no	no
HASH BROWN	yes - deep fat fryer	no	no	no	no	no	no	no	no	no	no	no	no	no
HEIRLOOM TOMATO	no	no	no	no	no	no	no	no	no	no	no	no	no	no
SAUSAGE	yes - Wheat	no	no	no	no	no	no	no	no	no	no	yes	no	no
SMASHED AVOCADO	no	no	no	no	no	no	no	no	no	no	no	no	no	no
FRIED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
POACHED EGG X2	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
SCRAMBLED EGG X2	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
SPINACH	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
EXTRA CHEESE	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
EXTRA HAM	no	no	no	no	no	no	no	no	no	no	no	no	no	no
EXTRA MUSHROOM	no	no	no	no	no	no	no	no	no	no	no	no	no	no
EXTRA SALMON	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
EXTRA TOMATO	no	no	no	no	no	no	no	no	no	no	no	no	no	no
SPINACH	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
TOAST	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
TOAST GF	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
KIDS BREAKFAST														
KIDS BREAKFAST ROLL NO FILLING ...	yes - Wheat	no	no	no	no	no	yes	no	no	no	may	no	no	no
KIDS GF BREAKFAST ROLL NO FILLING...	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
... WITH BACON	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... WITH SAUSAGE	yes - Wheat	no	no	no	no	no	no	no	no	no	no	yes	no	no
KIDS FRUIT SALAD	no	no	no	no	no	no	no	no	no	no	no	no	no	no
KIDS BREAKFAST (NO EGG)	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	yes	may	may
KIDS VEGETARIAN BREAKFAST (NO EGG)	yes - Wheat, Rye, Barley	may	may	may	may	may	yes	may	may	may	may	may	may	may
KIDS GF VEGETARIAN BREAKFAST (NO EGG)	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
FRIED EGGS	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
POACHED EGGS	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
SCRAMBLED EGGS	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
SOMETHING LIGHTER														
FRESH FRUIT SALAD	no	no	no	no	no	no	no	no	no	no	no	no	no	no
PAIN AU CHOCOLAT	yes - Wheat	no	yes	no	may	yes	yes	may	no	no	may	no	no	no
ALMOND CROISSANT	yes - Wheat	no	yes	no	no	no	yes	yes - Almonds	no	no	may	no	no	no
CROISSANT	yes - Wheat	no	yes	no	no	may	yes	no	no	no	no	no	no	no

PAIN AU RAISIN	yes - Wheat	no	yes	no	no	may	yes	may	no	no	may	no	no	no
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A LA CARTE MENU														
STARTERS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
OLIVES FOH	no	no	no	no	no	no	no	no	no	no	no	no	no	no
FLATBREAD GARLIC	yes - Wheat	no	yes	no	no	no	yes	no	no	no	no	no	no	no
CHAMPIGNON A L'AIL	yes - Wheat, Rye	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF CHAMPIGNON A L'AIL	no	no	yes	no	may	no	yes	may	no	no	may	no	no	no
FRENCH ONION SOUP	yes - Wheat	may	may	may	may	may	yes	may	may	may	may	may	may	may
GF FRENCH ONION SOUP	may	no	yes	no	no	may	yes	no	may	may	no	may	no	no
KING PRAWNS	yes - Wheat	yes	no	no	may	may	yes	no	no	no	no	no	no	no
GF KING PRAWNS	no	yes	yes	no	no	no	yes	no	no	no	no	no	no	no
PATE MAISON	yes - Wheat, Rye	no	yes	no	may	may	yes	may	no	no	may	yes	no	no
GF PATE MAISON	no	no	yes	no	no	no	yes	no	no	no	no	yes	no	no
BREADED CAMEMBERT	yes - Wheat	no	no	no	no	yes	yes	may	no	no	no	no	no	no
WHITEBAIT	yes - Wheat	may	yes	yes	no	no	yes	no	no	yes	no	no	no	may
ROASTED CARROT TATIN	yes - Wheat	no	no	no	may	no	no	may	no	yes	no	no	no	no
SANDWICHES & LIGHTER BITES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
BAGUETTE CAMEMBERT ONLY ...	yes - Wheat	no	no	no	may	may	yes	no	no	no	no	yes	no	no
BAGUETTE POULET ONLY ...	yes - Wheat	no	yes	no	may	may	yes	no	no	yes	no	no	no	no
BAGUETTE STEAK ONLY ...	yes - Wheat	no	yes	no	may	may	yes	no	no	yes	no	yes	no	no
OMELETTE NO SIDE ...	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
CROQUE MADAME NO SIDE ...	yes - Wheat, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
CROQUE MADEMOISELLE NO SIDE ...	yes - Wheat, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
CROQUE MONSIEUR NO SIDE ...	yes - Wheat, Barley	may	yes	may	may	may	yes	may	may	yes	may	may	may	may
...SWEET POTATO FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...POMMES FRITES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...SWEET POTATO FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...HOUSE SALAD	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
CAESAR SALAD	yes - Wheat, Rye	may	yes	yes	may	may	yes	may	may	may	may	may	may	may
GF CAESAR SALAD	no	no	yes	yes	no	no	yes	no	no	no	no	no	no	no
CAESAR SALAD CHICKEN	yes - Wheat, Rye	may	yes	yes	may	may	yes	may	may	may	may	may	may	may
GF CHICK CAESAR SALAD	no	no	yes	yes	no	no	yes	no	no	no	no	no	no	no
FISHCAKE	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
NICOISE SALAD	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no
AFTERNOON TEAS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
AFTERNOON TEA for 1	yes - Wheat	no	yes	no	no	yes	yes	yes - pistacchio	no	yes	may	yes	no	no
AFTERNOON TEA for 2	yes - Wheat	no	yes	no	no	yes	yes	yes - pistacchio	no	yes	may	yes	no	no
AFTERNOON TEA VEG for 1	yes - Wheat	no	yes	no	no	yes	yes	yes - pistacchio	no	yes	may	no	no	no
AFTERNOON TEA VEG for 2	yes - Wheat	no	yes	no	no	yes	yes	yes - pistacchio	no	yes	may	no	no	no
GF AFTERNOON TEA	may	no	yes	no	may	yes	yes	yes - pistacchio	no	yes	no	yes	no	no
MAINS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
BOURGUIGNON BURGER BASE...	yes - Wheat	no	yes	no	no	yes	yes	no	yes	yes	may	yes	no	no
ROUGE BURGER BASE...	yes - Wheat	no	yes	no	no	yes	yes	no	no	yes	may	yes	no	no
CHICKEN BURGER BASE...	yes - Wheat	no	may	no	no	yes	may	may	no	yes	may	no	no	no
CHICKPEA BURGER BASE...	yes - Wheat	no	may	no	may	yes	may	may	no	yes	yes	yes	no	no
GF BOURGUIGNON BURGER BASE...	no	no	yes	no	no	yes	yes	no	yes	yes	no	yes	no	no
GF CHICKEN BURGER BASE...	no	no	yes	no	no	no	may	no	no	no	no	no	no	no
GF ROUGE BURGER BASE...	no	no	yes	no	no	no	yes	no	no	yes	no	yes	no	no
OUMPH VEGAN BURGER BASE...	yes - Wheat	no	may	no	no	yes	may	may	no	yes	may	no	no	no
BURGER EXTRA BACON	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BURGER EXTRA BLUE CHEESE	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
BURGER EXTRA CAMEMBERT	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
BURGER EXTRA FRIED EGG	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
BURGER EXTRA MAYO	no	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
BURGER EXTRA RED ONION CHUTNEY	no	no	no	no	no	no	may	no	no	no	no	yes	no	no
BURGER EXTRA SMASHED AVOCADO	no	no	no	no	no	no	no	no	no	no	no	no	no	no
BURGER EXTRA SRIRACHA MAYO	no	no	yes	no	no	no	yes	no	no	yes	yes	no	no	no
DEMI POULET NO SIDE ...	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
MOULES NO SIDE...	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	yes
FILLET DE BOEUF	no	no	no	no	no	no	no	no	no	no	no	no	no	no
SIRLOIN STEAK ONLY	no	no	no	no	no	no	no	no	no	no	no	no	no	no
MINUTE STEAK ONLY	no	no	no	no	no	no	no	no	no	no	no	no	no	no
EXTRA GARLIC BUTTER	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
EXTRA BEARNAISE SAUCE	no	no	yes	no	no	no	yes	no	no	yes	no	yes	no	no
EXTRA PEPPERCORN SAUCE	yes - Wheat, Barley	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
...SWEET POTATO FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...POMMES FRITES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...SWEET POTATO FRIES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
...HOUSE SALAD	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
BEEF BOURGUIGNON	may	no	may	no	no	no	yes	no	may	may	no	yes	no	no
MUSHROOM RISOTTO	no	no	no	no	no	yes	no	no	yes	no	no	yes	no	no
POISSON ET FRITES	yes - Wheat	no	yes	yes	no	yes	no	no	no	yes	no	no	no	no
POULET BRETON	may	no	yes	no	no	may	yes	no	yes	may	no	yes	no	no
SALMON	yes - Spelt (Wheat)	no	yes	yes	no	no	yes	no	no	yes	no	yes	no	no
DUCK CONFIT with...	yes - Spelt (Wheat)	no	no	no	no	no	yes	no	no	no	no	no	no	no

...CHERRY SAUCE	may	no	no	no	no	no	may	no	no	no	no	no	no	no
...ORANGE SAUCE	may	no	may	no	no	may	may	no	yes	may	no	may	no	no

SIDES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SIDE ALIGOT	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
SIDE BAG & BUTTER	yes - Wheat	no	no	no	may	may	yes	may	no	no	may	no	no	no
GF SIDE BREAD	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
SIDE FRENCH BEANS	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
SIDE FROMAGE FRITES	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
SIDE HALLOUMI FRITES	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	yes	no	no	no
SIDE HOUSE SALAD	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
SWEET POTATO FRITES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
POMMES FRITES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
SWEET POTATO FRITES	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
DESSERT	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CHOC FONDANT	yes - Wheat	no	yes	no	no	yes	yes	may	no	no	no	no	no	no
CHOC MOUSSE	may	no	may	no	no	yes	yes	may	no	no	no	no	no	no
CREME BRULEE	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
TARTE AU CITRON	may	no	yes	no	may	may	yes	may	no	no	no	yes	no	no
1 SCOOP DOUBLE CHOC	no	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
1 SCOOP LEMON SORBET	no	no	may	no	may	may	may	may	no	no	no	no	no	no
1 SCOOP MANGO SORBET	no	no	may	no	may	may	may	may	no	no	no	no	no	no
1 SCOOP SALTED CARAMEL	no	no	may	no	may	may	yes	may	no	no	no	no	no	no
1 SCOOP STRAWBERRY	no	no	yes	no	may	may	yes	may	no	no	no	no	no	no
1 SCOOP VANILLA	no	no	yes	no	may	may	yes	may	no	no	no	no	no	no
KIDS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
PETIT MENU	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CRUDITE	yes - Wheat	no	no	no	may	may	may	may	no	no	may	no	no	no
GF CRUDITE	no	no	no	no	no	no	no	no	no	no	no	no	no	no
CHICKEN CRUNCHIE	yes - Wheat, Barley	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
FISH GOUJONS	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
BANGERS AND MASH	yes - Wheat	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
MAC & CHEESE	yes - Wheat, Barley	no	no	no	may	no	yes	may	no	yes	may	no	no	no
MAC & TOMATO	yes - Wheat	no	no	no	no	no	no	no	no	no	no	no	no	no
GRANDE MENU	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CRUDITE	yes - Wheat	no	no	no	no	may	may	no	no	no	may	no	no	no
GF CRUDITE	no	no	no	no	no	no	no	no	no	no	no	no	no	no
GARLIC BREAD	yes - Wheat	no	yes	no	may	no	yes	may	no	no	may	no	no	no
BURGER	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	may	no	no	no
CHICKEN CRUNCHIES	yes - Wheat, Barley	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
CHICKEN CAESAR SALAD	yes - Wheat, Rye	may	yes	may	may	may	yes	may	may	may	may	may	may	may
GF CHICKEN CAESAR SALAD	no	no	yes	no	no	no	yes	no	no	no	no	no	no	m
FISH GOUJONS	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
MAC & CHEESE	yes - Wheat, Barley	no	no	no	may	no	yes	may	no	yes	may	no	no	no
MAC & TOMATO	yes - Wheat	no	no	no	no	no	no	no	no	no	no	no	no	no
DESSERT	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CHOCOLATE PANCAKE - Center Parcs only	yes - Wheat	no	may	no	no	yes	yes	yes - hazelnuts	no	no	no	no	no	no
CHILLY BILLY ICE LOLLY	no	no	no	no	no	no	no	no	no	no	no	no	no	no
CHOCOLATE BROWNIE & ICE CREAM	no	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
FRUIT PANCAKE	yes - Wheat	no	may	no	no	no	may	no	no	no	no	no	no	no
I/C CHOCOLATE	no	no	yes	no	may	yes	yes	may	no	no	no	no	no	no
I/C STRAWBERRY	no	no	yes	no	may	may	yes	may	no	no	no	no	no	no
I/C VANILLA	no	no	yes	no	may	may	yes	may	no	no	no	no	no	no