

**CAFÉ ROUGE - ALLERGENS**
**Version: 3 Valid from: 16-12-2020**

NOVEMBER 2020 &amp; CHRISTMAS 2020 MENUS

Please inform your server before ordering, of any specific dietary requirements that you may have. All our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

**BREAKFAST MENU**

BREAKFAST	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Rouge Breakfast...	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	yes	no	no
Rouge Vegetarian...	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	no	no	no
Gluten-Free Rouge Vegetarian...	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Grande Breakfast...	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	yes	no	no
... and Poached Egg	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
... and Scrambled Egg	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
... with Fried Eggs	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
Rouge Vegan	yes - Wheat, Rye, Barley	no	may	no	no	may	may	may	no	no	may	no	no	no
-extra Bacon	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Beans	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Black Pudding	yes - Wheat, Oats	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Cheese	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
-extra Ham	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Mushrooms	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Salmon	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
-extra Spinach	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
-extra Tomato	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Hash Brown	yes - deep fat fryer	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Heirloom Tomato	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Sausage	yes - Wheat	no	no	no	no	no	no	no	no	no	no	yes	no	no
-extra Smashed Avocado	no	no	no	no	no	no	no	no	no	no	no	no	no	no
-extra Spinach	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
-extra Toast	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	no	no	no
-extra Gluten Free Toast	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Pancakes ...	yes - Wheat	no	may	no	no	no	may	no	no	no	no	no	no	no
... and Bacon & Banana Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... and Fresh Fruit Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Smashed Avocado	yes - Wheat, Rye, Barley	no	may	no	no	may	may	may	no	no	may	no	no	no
Gluten-Free Smashed Avocado	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
Eggs Your Way	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	no	no	no
Gluten-Free Eggs Your Way	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Eggs Benedict ...	yes - Wheat	no	yes	no	no	yes	yes	no	no	no	may	yes	no	no
... and Ham	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... and Spinach	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
... and Salmon	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
BRUNCH	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Croque Monsieur	yes - Wheat, Barley	no	yes	no	no	may	yes	may	no	yes	may	no	no	no
Croque Madame	yes - Wheat, Barley	no	yes	no	no	may	yes	may	no	yes	may	no	no	no
Omelette and ...	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
... Cheese Topping	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
... Ham Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... Mushrooms Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... Salmon Topping	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
... Spinach Topping	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
... Tomato Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... Frites side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... Sweet Potato Fries side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no

... House Salad side	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
Topped Fritters	yes - Wheat	no	yes	no	no	no	no	may	no	no	no	no	no	no
Steak & Egg with Frites	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
Steak & Egg with Salad	no	no	yes	no	no	no	no	no	no	yes	no	no	no	no

Something Lighter	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Almond Croissant	yes - Wheat	no	yes	no	no	no	yes	yes - Almonds	no	no	may	no	no	no
Croissant	yes - Wheat	no	yes	no	no	may	yes	no	no	no	no	no	no	no
Pain au Chocolat	yes - Wheat	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
Pain aux Raisins	yes - Wheat	no	yes	no	no	may	yes	may	no	no	may	no	no	no
Fresh Fruit Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
KIDS BREAKFAST	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Kids Breakfast ...	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	yes	no	no
Kids Veggie Breakfast ...	yes - Wheat, Rye, Barley	no	may	no	no	may	yes	may	no	no	may	no	no	no
Gluten Free Veggie Kids Breakfast ...	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
... and Poached Egg	no	no	yes	no	no	no	no	no	no	no	no	yes	no	no
... and Scrambled Egg	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
... with Fried Eggs	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
Kids Breakfast Roll ...	yes - Wheat	no	no	no	no	no	yes	no	no	no	may	no	no	no
Gluten Free Kids Breakfast Roll ...	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
... and Bacon	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... and Sausage	yes - Wheat	no	no	no	no	no	no	no	no	no	no	yes	no	no
Fruit Pancake	yes - Wheat	no	may	no	no	no	may	no	no	no	no	no	no	no

A LA CARTE MENU														
STARTERS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Olives	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Garlic Sourdough Flatbread	yes - Wheat	no	no	no	no	no	yes	no	no	no	no	no	no	no
-extra Cheese	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Whitebait	yes - Wheat	yes	yes	no	no	may	may	no	no	yes	no	no	no	no
French Onion Soup	no	no	yes	yes	no	no	yes	no	may	yes	no	no	no	no
Gluten-Free French Onion Soup	may	no	yes	no	no	may	yes	no	may	may	no	may	no	no
Baby Carrot & Shallot Tatin	yes - Wheat	no	no	no	may	no	no	may	no	yes	no	no	no	no
Chicken Liver Pate	yes - Wheat, Rye	no	yes	no	no	may	yes	may	no	yes	may	yes	no	no
Gluten- Free Chicken Liver Pate	no	no	yes	no	no	no	yes	no	no	no	no	yes	no	no
Breaded Camembert	yes - Wheat	no	no	no	no	yes	yes	may	no	no	no	no	no	no
King Prawns	yes - Wheat	yes	no	no	no	may	yes	no	no	no	no	no	no	no
Gluten-Free King Prawns	no	yes	yes	no	no	no	yes	no	no	no	no	no	no	no
Garlic Mushrooms	yes - Wheat, Rye	no	may	no	may	may	yes	may	no	no	may	no	no	no
Gluten-Free Garlic Mushrooms	no	no	yes	no	may	no	yes	may	no	no	may	no	no	no
Something lighter	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Nicoise Salad	no	no	yes	yes	no	no	no	no	no	no	no	no	no	no
Caesar Salad	yes - Wheat, Rye	no	yes	yes	no	may	yes	may	no	no	may	no	no	no
Gluten-Free Caesar Salad	no	no	yes	yes	no	no	yes	no	no	no	no	no	no	no
Caesar Salad with Chicken	yes - Wheat, Rye	no	yes	yes	no	may	yes	may	no	no	may	no	no	no
Gluten-Free Caesar Salad with Chicken	no	no	yes	yes	no	no	yes	no	no	no	no	no	no	no
Fishcake and ...	no	no	yes	yes	no	no	no	no	no	yes	no	no	no	no
... Frites side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... Sweet Potato Fries side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... House Salad side	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
Omelette and ...	no	no	yes	no	no	no	no	no	no	no	no	no	no	no
... Cheese Topping	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
... Ham Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... Mushrooms Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... Salmon Topping	no	no	no	yes	no	no	no	no	no	no	no	no	no	no
... Spinach Topping	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
... Tomato Topping	no	no	no	no	no	no	no	no	no	no	no	no	no	no
... Frites side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... Sweet Potato Fries side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... House Salad side	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
BAGUETTES	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Baguette with Steak ...	yes - Wheat	no	yes	no	no	may	yes	no	no	yes	no	yes	no	no
Baguette with Chargrilled Chicken ...	yes - Wheat	no	yes	no	no	may	yes	no	no	yes	no	no	no	no
Baguette with Camembert ...	yes - Wheat	no	no	no	no	may	yes	no	no	no	no	yes	no	no
... and Frites side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... and Sweet Potato Fries side	yes - deep fat fryer	no	yes	no	no	no	yes	no	no	yes	no	no	no	no
... and House Salad side	no	no	no	no	no	no	no	no	no	yes	no	no	no	no
CLASSICS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Poulet Breton	may	no	yes	no	no	may	yes	no	yes	may	no	yes	no	no
Beef Bourguignon	may	no	may	no	no	no	yes	no	may	may	no	yes	no	no
Moules Marinieres	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	yes
Demi Poulet	no	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
Salmon	yes - Spelt (Wheat)	no	yes	yes	no	no	yes	no	no	no	no	no	no	no
Wild Mushroom Risotto	no	no	no	no	no	yes	no	no	yes	no	no	yes	no	no
Lefte Beer Battered Fish	yes - Wheat	no	yes	yes	no	yes	no	no	no	yes	no	no	no	no
Duck Confit	yes - Spelt (Wheat)	no	no	no	no	no	yes	no	no	no	no	no	no	no

-with Orange Sauce	may	no	may	no	no	may	may	no	yes	may	no	may	no	no
-with Cherry Sauce	may	no	no	no	no	no	may	no	no	no	no	no	no	no



1 Scoop Mango Sorbet	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Black Forest Mousse	may	no	may	no	no	yes	yes	may	no	no	no	no	no	no
Cheese Selection	yes - Wheat, Rye	no	no	no	no	no	yes	no	yes	no	no	yes	no	no

KIDS MENU														
Petit Menu	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Baguette Slice & Crudites	yes - Wheat	no	no	no	no	may	may	no	no	no	no	no	no	no
Gluten-Free Crudites	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Mac & Cheese	yes - Wheat, Barley	no	no	no	no	no	yes	may	no	yes	may	no	no	no
Mac & Tomato	yes - Wheat	no	no	no	no	no	no	no	no	no	no	no	no	no
Chicken Crunchies	yes - Wheat	no	yes	no	no	no	yes	no	yes	yes	no	no	no	no
Fish Goujons	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
Sausage & Mash	yes - Wheat	no	no	no	no	no	yes	no	yes	no	no	yes	no	no
Chicken Caesar Salad	yes - Wheat, Rye	no	yes	no	no	may	yes	may	no	no	may	no	no	no
Gluten Free Chicken Caesar Salad	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Grand Menu	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Crudites	yes - Wheat	no	no	no	no	may	may	no	no	no	no	no	no	no
Gluten Free Crudites	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Garlic Bread	yes - Wheat	no	no	no	no	no	yes	no	no	no	no	no	no	no
Mac & Cheese	yes - Wheat, Barley	no	no	no	no	no	yes	may	no	yes	may	no	no	no
Mac & Tomato	yes - Wheat	no	no	no	no	no	no	no	no	no	no	no	no	no
Chicken Crunchies	yes - Wheat	no	yes	no	no	no	yes	no	yes	yes	no	no	no	no
Fish Goujons	yes - Wheat	no	yes	yes	no	no	yes	no	no	yes	no	no	no	no
Chicken Caesar Salad	yes - Wheat, Rye	no	yes	no	no	may	yes	may	no	no	may	no	no	no
Gluten Free Chicken Caesar Salad	no	no	yes	no	no	no	yes	no	no	no	no	no	no	no
Burger	yes - Wheat	no	yes	no	no	no	yes	no	no	yes	may	no	no	no
Desserts	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Fruit Salad	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Chocolate Ice Cream	no	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Strawberry Ice Cream	no	no	no	no	no	no	yes	no	no	no	no	no	no	no
Vanilla Ice Cream	no	no	yes	no	may	no	yes	may	no	no	no	no	no	no
Chocolate Brownie & Ice Cream	no	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
Chilly Billy Ice Lolly	no	no	no	no	no	no	no	no	no	no	no	no	no	no
AFTERNOON TEAS	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts :	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Afternoon Tea for 2	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	may	yes	no	no
Afternoon Tea for 1	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	may	yes	no	no
Gluten Free Afternoon Tea for 2	may	no	yes	no	may	yes	yes	may	no	yes	no	yes	no	no
The Snowman Afternoon Tea for 2	yes - Wheat, Barley, Oats	no	yes	no	may	yes	yes	yes - Pistacchio	no	yes	may	yes	no	no
The Snowman Afternoon Tea for 1	yes - Wheat, Barley, Oats	no	yes	no	may	yes	yes	yes - Pistacchio	no	yes	may	yes	no	no
Vegetarian Afternoon Tea for 2	yes - Wheat	no	yes	no	no	yes	yes	may	no	yes	may	no	no	no
Vegetarian Afternoon Tea for 1	yes - Wheat	no	yes	no	yes	yes	yes	may	no	yes	may	no	no	no
The Snowman Vegetarian Afternoon Tea for 2	yes - Wheat, Barley, Oats	no	yes	no	may	yes	yes	yes - Pistacchio	no	yes	may	no	no	no
The Snowman Vegetarian Afternoon Tea for 1	yes - Wheat, Barley, Oats	no	yes	no	may	yes	yes	yes - Pistacchio	no	yes	may	no	no	no
Cheese Afternoon Tea for 2	yes - Wheat, Rye, Barley	no	yes	no	no	may	yes	may	yes	yes	may	yes	no	no
Chocolate Afternoon Tea for 2	yes - Wheat	may	yes	may	no	yes	yes	may	may	no	no	yes	no	no
Chocolate Afternoon Tea for 1	yes - Wheat	may	yes	may	no	yes	yes	may	may	no	no	yes	no	no





